

JOIN US FOR TWO SHOWS ON JUNE 18th, 2011 IN SAN DIEGO, CA

CO-MC



I
F
B
B

P
R
O

F
I
G
U
R
E

Meriza DeGuzman



presents the 2011

GNC

LIVE WELL.



NPC

SOUTHERN CALIFORNIA

BODYBUILDING, FIGURE, MEN'S PHYSIQUE & BIKINI CHAMPIONSHIPS

MEN • WOMEN • OPEN • NOVICE • FIGURE • BIKINI • MEN'S PHYSIQUE • TEEN • MASTERS



Phil Heath



I
F
B
B

P
R
O

2010 Mr. Olympia
1st runner-up

3 INCREDIBLE GUEST PERFORMERS!!!

"Pistol Pete" Ciccone



2010 NPC USA's
Finalist

Derik Farnsworth



IFBB Pro
"The Giant Killer"

Also held in conjunction with the Southern California on June 18th:

ALL★FORCES NATIONAL CHAMPIONSHIPS

BODYBUILDING • FIGURE • BIKINI

HOSTED BY



FLEX

MET-Rx

Shaping Every Body.™



BOTH SHOWS:

SCOTTISH RITE EVENT CENTER

1895 Camino del Rio S. • San Diego, California



SAN



VENICE, CA
A Licensee of Gold's Gym Enterprises, Inc.



PREJUDGING 11:00 AM
FINALS 6:30 PM SHARP!

TICKETS FOR BOTH SHOWS

PREJUDGING - \$30.00
(Open Seating)

FINALS - \$35.00
(Open Seating)



Order Online at:
musclecontest.com

FOR TICKETS, ONLINE REGISTRATION & INFORMATION GO TO:
WWW.MUSCLECONTEST.COM
OR CALL JON LINDSAY AT (310) 796-9181