



NPC Contra Costa
 Bodybuilding, Figure, Fitness, and Bikini Championships
 May 22, 2010 Hayward, California

Grand Masters Men 50+

N u m b e r	First Name	Last Name	Cross Over Class	J u d g e 1	J u d g e 2	J u d g e 3	J u d g e 4	J u d g e 5	J u d g e 6	J u d g e 7	T o t a l	P l a c i n g
2	Ferber	Adam	UGM, OBW	7	7	8	8	8	8	8	39	8
3	Friend	Jack		2	2	2	2	3	2	3	11	2
5	Case	Brian	OHW	1	1	1	1	1	1	1	5	1
6	Talley	Anthony	NLH	5	5	6	5	5	4	5	25	5
7	Nista	Tom		6	6	5	6	6	6	6	30	6
8	Lopez	Roberto		3	3	3	3	2	3	2	14	3
9	Mierzwinski	Ken	NHW, MM	4	4	4	4	4	5	4	20	4
10	Van Haaster	Jack	NHW	8	8	7	7	7	7	7	36	7

Judge: _____

Judge: _____



NPC Contra Costa
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Masters Men 40+

N u m b e r	First Name	Last Name	Cross Over Class	J u d g e 1	J u d g e 2	J u d g e 3	J u d g e 4	J u d g e 5	J u d g e 6	J u d g e 7	T o t a l	P l a c i n g
9	Mierzwinski	Ken	GMM, NHW	8	8	8	9	10	9	9	43	9
11	Bentley	Rich		10	10	10	11	9	10	10	50	10
12	Gutierrez	Mario	OLW, NLW	7	9	7	7	7	7	7	35	7
13	Tickel	Tom	OHW	1	1	1	1	1	1	2	5	1
14	Kozub	Frank	NLH	11	11	11	10	11	11	11	55	11
15	Marshall	Donald		4	4	4	5	4	4	6	21	4
16	Van Der Westhuizen	Pierre	OSH	2	2	3	6	6	3	3	17	3
17	Gonzalez	Daniel	NLH	6	5	6	3	3	6	5	25	6
18	Brouillard	Chris	OLH	5	6	5	4	5	5	4	24	5
19	Roncone	Jeff	NMW	9	7	9	8	8	8	8	41	8
20	Sangalang	Sean	OLH	3	3	2	2	2	2	1	11	2

Judge: _____

Judge: _____



NPC Contra Costa
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Open Teen Light Up to 176 1/4

N u m b e r	F i r s t N a m e	L a s t N a m e	C r o s s O v e r C l a s s	J u d g e 1	J u d g e 2	J u d g e 3	J u d g e 4	J u d g e 5	J u d g e 6	J u d g e 7	T o t a l	P l a c i n g
21	Buendia	Jeremy	NMW	1	1	1	1	1	1	1	5	1
22	Dobroff	Ryan		2	2	2	2	2	2	2	10	2

Judge: _____

Judge: _____



NPC Contra Costa
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Open Bantam up to 143 1/4

N u m b e r	First Name	Last Name	Cross Over Class	J	J	J	J	J	J	J	T o t a l	P l a c i n g
				u d g e 1	u d g e 2	u d g e 3	u d g e 4	u d g e 5	u d g e 6	u d g e 7		
2	Ferber	Adam	GMM, UGM	5	4	5	5	5	5	5	25	5
37	Sterud	Adam		3	3	3	3	4	4	4	17	3
38	Smith	Tim		6	6	6	6	6	6	6	30	6
39	Salom	Randy		1	1	1	1	1	1	1	5	1
40	Ip	Fuzzy	NLW	4	5	4	4	3	3	3	18	4
41	Perea	Jonathan		2	2	2	2	2	2	2	10	2

Judge: _____

Judge: _____



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N u m b e r	First Name	Last Name	Open Mens Light over 143 1/4 to 154 1/4 Cross Over Class	J	J	J	J	J	J	J	T o t a l	P l a c i n g
				g e 1	g e 2	g e 3	g e 4	g e 5	g e 6	g e 7		
12	Gutierrez	Mario	NLW, MM	3	2	3	3	3	3	3	15	3
42	Warner	DeWayne		2	3	2	1	1	2	2	9	2
43	Villesenda	Carlo		0	0	0	0	0	0	0		0
44	Inn	Ferrance	NLW	0	0	0	0	0	0	0		0
45	Tolosa	Devin	NLW	4	4	4	2	4	4	4	20	4
46	Garcia	David	NLW	1	1	1	4	2	1	1	6	1

Judge: _____

Judge: _____



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Open Mens Middle over 154 1/4 to 176 1/4

N u m b e r	First Name	Last Name	Cross Over Class	J	J	J	J	J	J	J	T	P l a c i n g
				u d g e 1	u d g e 2	u d g e 3	u d g e 4	u d g e 5	u d g e 6	u d g e 7	o t a l	
47	Frazier	Ben	NMW	12	10	9	12	11	12	13	57	12
48	Beavis	James	NMW	15	15	15	15	15	15	15	75	15
49	West	David		11	8	12	13	13	13	8	57	13
50	Kellington	Aaron	NMW	9	13	14	10	9	9	14	55	10
51	Peera	Joe	NMW	14	14	13	14	14	14	9	69	14
52	Castillo	Corey	NMW	8	9	8	8	9	8	11	42	8
53	Calvo	John		2	1	2	2	2	2	2	10	2
54	Xhemaili	Milot	NMW	10	11	10	9	10	10	10	50	9
55	Baldwin	Ace		7	7	5	4	6	6	5	29	6
56	De La Cruz	Jason		3	3	3	3	3	3	3	15	3
57	Schaller	Steven	NMW	6	4	6	7	7	7	4	30	7
58	Weidner	Brett		4	5	4	5	5	4	1	22	4
59	Petrosian	Edgar		1	2	1	1	1	1	7	6	1
60	Rodriguez	Kelly		5	6	7	6	4	5	12	29	5
61	Jackson	Damien	NMW	13	12	11	11	12	11	6	57	11

Judge: _____

Judge: _____



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Open Mens Lt Heavy over 176 1/4 to 198 1/4

N u m b e r	First Name	Last Name	Cross Over Class	J	J	J	J	J	J	J	T	P l a c i n g
				u d g e 1	u d g e 2	u d g e 3	u d g e 4	u d g e 5	u d g e 6	u d g e 7	o t a l	
18	Brouillard	Chris	MM	10	9	9	10	9	10	10	48	9
20	Sangalang	Sean	MM	6	6	6	5	6	6	6	30	6
63	Pieczk	Marek	NLH	12	8	12	12	11	11	11	57	12
64	Patterson	Jeremy	NLH	1	1	2	1	1	1	1	5	1
65	Garcia	Erick		7	7	7	7	7	7	7	35	7
66	Tears II	Malcolm		3	2	1	2	2	2	2	10	2
67	Zamora	Moises	NLH	8	10	8	8	8	8	8	40	8
68	Kelly	Jason		11	11	10	11	12	12	9	55	11
69	Risk	Jake		4	3	3	3	3	4	4	17	3
70	Rowland	Darrell		2	4	5	4	5	3	3	19	4
71	Menor	Edwin		5	5	4	6	4	5	5	24	5
78	Goodwin	Brandon		9	12	11	9	10	9	12	51	10

Judge: _____

Judge: _____



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Open Mens Heavy over 198 1/4 to 225 1/4

N u m b e r	First Name	Last Name	Cross Over Class	J	J	J	J	J	J	J	T o t a l	P l a c i n g
				u d g e 1	u d g e 2	u d g e 3	u d g e 4	u d g e 5	u d g e 6	u d g e 7		
5	Case	Brian	GMM	4	4	4	4	5	4	4	20	4
13	Tickel	Tom	MM	3	2	3	3	3	3	3	15	3
72	Wade	Josh		1	1	1	1	1	1	2	5	1
73	Tuutafaiva	Herbert	NHW	8	8	7	8	7	7	7	37	7
74	Liming	Ryan		6	5	5	5	4	5	5	25	5
75	Crill	Jeremy		2	3	2	2	2	2	1	10	2
76	Harrison	Spencer		5	6	6	6	6	6	6	30	6
77	Musgrave	Adam		7	7	8	7	8	8	8	38	8

Judge: _____

Judge: _____



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Open Mens Super Heavy over 225 1/4

N u m b e r	F i r s t N a m e	L a s t N a m e	C r o s s O v e r C l a s s	J u d g e 1	J u d g e 2	J u d g e 3	J u d g e 4	J u d g e 5	J u d g e 6	J u d g e 7	T o t a l	P l a c i n g
16	Van Der Westhuizen	Pierre	MM	3	3	3	4	3	3	3	15	3
79	Frank	Randy		2	2	2	2	2	2	2	10	2
80	Muscle	Kali		1	1	1	1	1	1	1	5	1
81	Suthers	Steven		4	4	4	3	4	4	4	20	4

Judge: _____

Judge: _____



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Novice Mens Light up to 154 1/4

N u m b e r	First Name	Last Name	Cross Over Class	J	J	J	J	J	J	J	T o t a l	P l a c i n g
				u d g e 1	u d g e 2	u d g e 3	u d g e 4	u d g e 5	u d g e 6	u d g e 7		
12	Gutierrez	Mario	MM, OLW	2	2	2	2	2	2	2	10	2
40	Ip	Fuzzy	OBW	5	5	5	4	4	5	3	23	5
44	Inn	Terrance	OLW	3	4	4	5	5	4	5	22	4
45	Tolosa	Devin	OLW	4	3	3	3	3	3	4	16	3
46	Garcia	David	OLW	1	1	1	1	1	1	1	5	1

Judge: _____

Judge: _____



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Novice Mens Middle over 154 1/4 to 176 1/4

N u m b e r	First Name	Last Name	Cross Over Class	J	J	J	J	J	J	J	T o t a l	P l a c i n g
				u d g e 1	u d g e 2	u d g e 3	u d g e 4	u d g e 5	u d g e 6	u d g e 7		
19	Roncone	Jeff	MM	14	13	11	14	13	12	15	66	14
21	Buendia	Jeremy	TLW	10	8	9	9	10	10	14	48	11
47	Frazier	Ben	OMW	8	7	2	11	14	11	9	46	10
48	Beavis	James	OMW	13	12	15	15	15	15	12	70	15
50	Kellington	Aaron	OMW	7	9	8	3	3	8	8	34	6
51	Peera	Joe	OMW	12	14	14	12	12	13	11	63	13
52	Castillo	Corey	OMW	6	11	5	8	7	6	10	37	7
54	Xhemaili	Milot	NMW	4	5	6	3	2	4	7	22	4
57	Schaller	Steven	OMW	3	1	1	5	6	3	3	15	3
61	Jackson	Damien	OMW	9	10	7	6	8	7	5	37	8
82	Elliott	Zachary		15	6	10	10	11	9	4	46	9
83	Grove	David		1	3	3	1	1	1	2	8	1
84	Nersisyan	Artur		5	4	4	4	5	5	6	23	5
85	Codeiro	Mark		2	2	2	2	9	2	1	10	2
86	Henry	Alvin		11	15	13	13	4	12	13	62	12
92	Arndt	David		16	16	16	16	16	16	16	80	16

Judge: _____

Judge: _____



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Novice Mens Light Heavy over 176 1/4 to 198 1/4

N u m b e r	First Name	Last Name	Cross Over Class	J	J	J	J	J	J	J	T o t a l	P l a c i n g
				u d g e 1	u d g e 2	u d g e 3	u d g e 4	u d g e 5	u d g e 6	u d g e 7		
6	Talley	Anthony	GMM	10	10	12	10	10	10	10	50	10
14	Kozub	Frank	MM	13	11	13	13	13	13	13	65	13
17	Gonzalez	Daniel	MM	4	5	4	3	4	3	4	19	3
63	Pieczyk	Marek	OLH	6	6	9	8	6	8	8	36	7
64	Patterson	Jeremy	NLH	1	1	1	1	1	1	1	5	1
67	Zamora	Moises	OLH	2	3	2	2	2	2	2	10	2
87	Johnson	Ronald		11	8	11	11	11	11	11	55	11
88	Naranjo	Antonio		9	10	8	7	9	9	9	44	9
89	Feilmoser	Jason		3	2	5	6	5	6	7	25	6
90	Farrell	Scott		5	7	6	5	3	5	3	24	5
91	Hart	Justin		8	4	3	4	7	4	5	24	4
93	Henley	RW		7	12	7	9	8	7	6	38	8
94	Taylor	Jemal		12	13	10	12	12	12	12	60	12

Judge: _____

Judge: _____



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Novice Mens Heavy over 198 1/4

N u m b e r	F i r s t N a m e	L a s t N a m e	C r o s s O v e r C l a s s	J	J	J	J	J	J	J	T o t a l	P l a c i n g
				u d g e 1	u d g e 2	u d g e 3	u d g e 4	u d g e 5	u d g e 6	u d g e 7		
9	Mierzwinski	Ken	MM, GMM	2	2	2	5	2	2	2	10	2
10	Van Haaster	Jack	MM	5	3	3	2	3	5	4	18	3
73	Tuutafaiva	Herbert	OHW	4	5	5	4	6	4	3	22	5
95	Rubel	Andrew		6	6	6	6	5	6	6	30	6
96	Lawson	Nathaniel		3	4	4	3	4	3	5	18	4
97	Watson	Lance		1	1	1	1	1	1	1	5	1

Judge: _____

Judge: _____



NPC Contra Costa
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Open Woman Light up to 125

N u m b e r	First Name	Last Name	Cross Over Class	J u d g e 1	J u d g e 2	J u d g e 3	J u d g e 4	J u d g e 5	J u d g e 6	J u d g e 7	T o t a l	P l a c i n g
24	Friend	Kay	MF45+	5	4	4	4	4	5	5	22	5
25	Mori-Mintey	Malissa		6	6	6	6	5	6	6	30	6
26	Gizzi	Robin		1	1	1	1	1	2	1	5	1
28	Pryde	Julie		3	5	5	3	3	3	3	17	3
29	Robey	Holly		2	2	3	2	2	1	2	10	2
62	Enos	Kristy		4	3	2	5	4	4	4	19	4

Judge: _____

Judge: _____



NPC Contra Costa
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Open Woman Middle Over 125 to 140

N u m b e r	F i r s t N a m e	L a s t N a m e	C r o s s O v e r C l a s s	J u d g e 1	J u d g e 2	J u d g e 3	J u d g e 4	J u d g e 5	J u d g e 6	J u d g e 7	T o t a l	P l a c i n g
27	Bukosky-Pilgrim	Michele		3	3	3	2	2	3	3	14	3
30	Marquez	Tammy		1	1	1	1	1	1	1	5	1
31	Tejada	Jennifer		2	2	2	3	3	2	2	11	2

Judge: _____

Judge: _____



NPC Contra Costa
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Open Woman Heavy Over 140

N u m b e r	First Name	Last Name	Cross Over Class	J u d g e 1	J u d g e 2	J u d g e 3	J u d g e 4	J u d g e 5	J u d g e 6	J u d g e 7	T o t a l	P l a c i n g
32	Olson	Kortney		4	4	4	4	4	4	4	20	4
33	Roberts	Jessica		5	5	5	5	5	5	5	25	5
34	Pierce	Jordan		1	1	1	1	1	1	1	5	1
35	Rhodes	Christina		2	2	2	2	2	2	2	10	2
36	Guevara	Danielle		3	3	3	3	3	3	3	15	3

Judge: _____

Judge: _____



NPC Contra Costa
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Novice Mens Overall

N u m b e r	First Name	Last Name	Class	J u d g e 1	J u d g e 2	J u d g e 3	J u d g e 4	J u d g e 5	J u d g e 6	J u d g e 7	T o t a l	P l a c i n g
46	David	Garcia	Light Weight	2	2	3	3	3	4	4	15	4
83	David	Grove	Middle Weight	3	4	4	4	2	2	2	15	2
64	Jeremy	Patterson	Light Heavy Weight	1	1	1	1	1	1	1	5	1
97	Lance	Watson	Heavy Weight	4	3	2	2	4	3	3	15	3

Judge: _____

Judge: _____



NPC Contra Costa
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Open Mens Overall

N u m b e r	First Name	Last Name	Class	J u d g e 1	J u d g e 2	J u d g e 3	J u d g e 4	J u d g e 5	J u d g e 6	J u d g e 7	T o t a l	P l a c i n g
39	Randy	Salom	Bantam Weight	6	6	6	6	6	6	5	30	6
46	David	Garcia	Light Weight	5	5	5	5	5	5	3	25	5
59	Edgar	Petrosian	Middle Weight	4	4	4	4	4	4	4	20	4
64	Jeremy	Patterson	Light Heavy Weight	3	2	2	2	1	1	1	8	2
72	Josh	Wade	Heavy Weight	1	1	1	1	2	2	2	7	1
80	Kali	Muscle	Super Heavy Weight	2	3	3	3	3	3	6	15	3

Judge: _____

Judge: _____



NPC Contra Costa
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Open Womens Overall

N u m b e r	First Name	Last Name	Class	J u d g e 1	J u d g e 2	J u d g e 3	J u d g e 4	J u d g e 5	J u d g e 6	J u d g e 7	T o t a l	P l a c i n g
26	Robin	Gizzi	Light Weight	3	3	3	3	3	3	3	15	3
30	Tammy	Marquez	Middle Weight	2	2	2	2	2	2	2	10	2
34	Jordan	Pierce	Heavy Weight	1	1	1	1	1	1	1	5	1

Judge: _____

Judge: _____



NPC Contra Costa
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Teen Overall

N u m b e r	First Name	Last Name	Class	J u d g e 1	J u d g e 2	J u d g e 3	J u d g e 4	J u d g e 5	J u d g e 6	J u d g e 7	T o t a l	P l a c i n g
21	Jeremy	Buendia	Light Weight	2	1	1	1	1	1	1	5	1
23	Bostin	Loyd	Heavy Weight	1	2	2	2	2	2	2	10	2

Judge: _____

Judge: _____